

Lone Tree Recreation Center

General Pool Rules:

- Patrons must obey all posted rules and staff instructions.
- Conduct that infringes upon the safety or comfort of oneself or others is prohibited.
- Shower before entering the pool area.
- Proper swim attire is required for all swimmers. Underwear or street clothing is not permitted.
- Children who are not potty trained must wear swim diapers.
- **Children 5 yrs and under** must be accompanied at all times in the water within arm's length of a guardian.
- **Children 6 yrs to 9 yrs** are recommended to be actively supervised by a guardian.
- Non-swimmers must stay in shallow water with a guardian who is in the water. Recommended to use a Coast Guard-approved lifejacket.
- Only Coast Guard-approved lifejackets and noodles may be used.
- No running, pushing, shoving, dunking or horseplay.
- No flips, cannon balls, belly flops, diving or twisting jumps off the side/edge of pool.
- Patrons with open wounds, diarrhea or infectious diseases are not permitted to use the pools.
- No glass, alcohol, pets, tobacco or nicotine products, including electronic cigarettes.
- Lap lanes are for swimming laps only. Swimmers may be asked to share lanes and circle swim.
- Only District personnel is authorized to provide swim instruction and coaching.
- Specific areas of the pool may be closed down for District programming.
- Capacity may be limited to ensure safe lifeguard and participant ratios.

Rules and regulations are subject to change without notice for the safety and comfort of patrons. Failure to follow rules and staff instruction may result in ejection from the facility.

Maximum Capacities: 403 Leisure Pool, 65 Lap Area and 338 Leisure Area

Lazy River Rules

- Swimmers must be at least 48" tall to be in the lazy river, except when accompanied by a guardian within an arm's reach.
- Stay off the island and peninsulas at all times.
- No stopping or going against the current, except during designated water walking times.

Waterslide Rules

- Patrons must obey all posted rules and staff instructions.
- Must be 48" or taller to use slide.
- Only one rider is allowed on the slide at a time, no chains. Wait to begin ride until previous rider has cleared the landing area.
- No head first sliding - Slide must be ridden feet first, lying on your back with legs crossed at ankles and arms folded across the chest.
- Do not stop, stand, kneel or rotate in the slide.
- Upon exiting from the slide, move out of the landing area immediately.
- No goggles, lifejackets, flotation devices, fins, glasses or metal buckles or zippers are allowed on the slide. These items can be dangerous to the rider and will damage the slide.
- It is recommended that patrons who are pregnant, have a heart condition, have neck or back problems should NOT use the slide.
- Weight limit on slide is 300 lbs.

Hot Tub Rules

- Patrons must obey all posted rules and staff instructions.
- Children 5 years of age or younger are not allowed in the hot tub.
- Children 6 to 9 years of age may use the hot tub only with guardian accompaniment in the water.
- Use is limited to relaxation. No swimming or horseplay. Do not submerge your head or swallow hot tub water.
- Limit use of hot tub to a combined maximum of 15 minutes. Prolonged usage may result in nausea, dizziness or fainting.
- Women who are pregnant and individuals with a heart condition, abnormal/high blood pressure or epilepsy should consult a physician before using the hot tub.

Capacity: 14

Buck Recreation Center

General Pool Rules:

- Patrons must obey all posted rules and staff instructions.
- Conduct that infringes upon the safety or comfort of oneself or others is prohibited.
- Shower before entering the pool area.
- Proper swim attire is required for all swimmers. Underwear or street clothing is not permitted.
- Children who are not potty trained must wear swim diapers.
- **Children 5 yrs and under** must be accompanied at all times in the water within arm's length of a guardian.
- **Children 6 yrs to 9 yrs** are recommended to be actively supervised by a guardian.
- Non-swimmers must stay in shallow water with a guardian who is in the water. Recommended to use a Coast Guard-approved lifejacket.
- Only Coast Guard-approved lifejackets and noodles may be used.
- No running, pushing, shoving, dunking or horseplay.
- No flips, cannon balls, belly flops, diving or twisting jumps off the side/edge of pool.
- Patrons with open wounds, diarrhea or infectious diseases are not permitted to use the pools.
- No glass, alcohol, pets, tobacco or nicotine products, including electronic cigarettes.
- Lap lanes are for swimming laps only. Swimmers may be asked to share lanes and circle swim.
- Only District personnel is authorized to provide swim instruction and coaching.
- Specific areas of the pool may be closed down for District programming.
- Capacity may be limited to ensure safe lifeguard and participant ratios.

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Maximum Capacities: 274 Leisure Pool, 66 Lap Pool Area, 50 Therapy Pool

Therapy Pool Rules

- Pool is for therapy use and District programs only.
- Anyone under the age of 18 must receive permission from aquatics management staff prior to use.
- No recreational swimming or diving allowed.
- May be closed due to District programming. Please observe schedule for open times.

Maximum Capacity: 50

Lazy River Rules

- Patrons must obey all posted rules and staff instructions.
- Swimmers must be at least 48" tall to be in the lazy river, except when accompanied by a guardian within an arm's reach.
- Stay off the island and peninsulas at all times.
- No stopping or going against the current, except during designated water walking times.

Hot Tub Rules

- ***No lifeguard on duty. Use at own risk.***
- Children 5 years of age or younger are not allowed in the hot tub.
- Children 6 to 9 years of age may use the hot tub only with guardian accompaniment in the water.
- Use is limited to relaxation. No swimming or horseplay. Do not submerge your head or swallow hot tub water.
- Limit use of hot tub to a combined maximum of 15 minutes. Prolonged usage may result in nausea, dizziness or fainting.
- Women who are pregnant and individuals with a heart condition, abnormal/high blood pressure or epilepsy should consult a physician before using the hot tub.

Capacity: 8

Goodson Recreation Center

General Pool Rules:

- Patrons must obey all posted rules and staff instructions.
- Conduct that infringes upon the safety or comfort of oneself or others is prohibited.
- Shower before entering the pool area.
- Proper swim attire is required for all swimmers. Underwear or street clothing is not permitted.
- Children who are not potty trained must wear swim diapers.
- **Children 5 yrs and under** must be accompanied at all times in the water within arm's length of a guardian.
- **Children 6 yrs to 9 yrs** are recommended to be actively supervised by a guardian.
- Non-swimmers must stay in shallow water with a guardian who is in the water. Recommended to use a Coast Guard-approved lifejacket.
- Only Coast Guard-approved lifejackets and noodles may be used.
- No running, pushing, shoving, dunking or horseplay.
- No flips, cannon balls, belly flops, diving or twisting jumps off the side/edge of pool.
- Patrons with open wounds, diarrhea or infectious diseases are not permitted to use the pools.
- No glass, alcohol, pets, tobacco or nicotine products, including electronic cigarettes.
- Lap lanes are for swimming laps only. Swimmers may be asked to share lanes and circle swim.
- Only District personnel is authorized to provide swim instruction and coaching.
- Specific areas of the pool may be closed down for District programming.
- Capacity may be limited to ensure safe lifeguard and participant ratios.

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Maximum Capacities: 396 Main Pool and 59 Toddler Pool

Toddler Pool Rules

- Ages 6 and under only.
- No mats or inflatables.
- One slide rider at a time, feet first only.
- Wait until the person ahead of you is out of slide landing area.

Maximum Capacity: 59

Hot Tub Rules

- Patrons must obey all posted rules and staff instructions.
- Children 5 years of age or younger are not allowed in the hot tub.
- Children 6 to 9 years of age may use the hot tub only with guardian accompaniment in the water.
- Use is limited to relaxation. No swimming or horseplay. Do not submerge your head or swallow hot tub water.
- Limit use of hot tub to a combined maximum of 15 minutes. Prolonged usage may result in nausea, dizziness or fainting.
- Women who are pregnant and individuals with a heart condition, abnormal/high blood pressure or epilepsy should consult a physician before using the hot tub.

Maximum Capacity: 7 each